

# ASD Family Help

Pembrokeshire

Registered Charity No. 1135718



## Parent Peer Support Coffee Group

**Topic – Meet ASD Family Help and help us find out more about the needs in Pembrokeshire and how we can possible help.**

*Connecting and understanding how autism affects our young people is the key to supporting our children.*

We would really welcome as many parents / professionals / organisations to come along to our first coffee group to meet some of the team and tell us what you would like from the charity moving forward. You may like extra help with DLA / PIP, home visits, support around sleep difficulties or any other ideas you may have. It would really be helpful to know what is already happening in the area. This will enable us to signpost to specific support groups so we can share on our Facebook. Melissa will be on hand to try and answer any questions or concerns you may have around your young person and home life. Please do email before the meeting if you would like something discussed anonymously during the meeting.

**Date: 8<sup>th</sup> September 2021**

**Time: 10am to 12 noon**

Future Dates: 12<sup>th</sup> Oct and 10<sup>th</sup> Nov 21

**Venue: Zoom**

Booking is via Eventbrite Click here for tickets:

<https://www.eventbrite.co.uk/e/165888957337>

Please join our Facebook Page to be kept up to date with all events.

[ASD Family Help - Pembrokeshire | Facebook](#)

Please contact Melissa if you have any questions [melissa@asdfamilyhelp.org](mailto:melissa@asdfamilyhelp.org) or text/phone: 07384 733658

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