

**Subject – Food Technology (KS3)**
**Food & Nutrition (KS4)**

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
<b>Year 7</b>  <b>Progression from Year 7 – 9 on Safety, Healthy Eating and Nutrition</b>	<ul style="list-style-type: none"> <li>• Introduction to the food room</li> <li>• Health &amp; safety</li> <li>• Healthy Eating (Eat well Guide)</li> <li>• Practical work</li> </ul>	<ul style="list-style-type: none"> <li>• Practicals</li> <li>• Design &amp; Make activity</li> <li>• Nutrition (Introduction)</li> </ul>				
<b>Year 8</b>  <b>Progression from Year 7 – 9 on Safety, Healthy Eating and Nutrition</b>	<ul style="list-style-type: none"> <li>• Healthy eating</li> <li>• Safety (food Storage)</li> <li>• Contamination</li> <li>• Practical work every week</li> </ul>	<ul style="list-style-type: none"> <li>• Nutrition – emphasis on vitamins and minerals</li> <li>• Design &amp; Make activity</li> <li>• Fair Trade</li> <li>• Practical work</li> </ul>				
<b>Year 9</b>  <b>Progression from Year 7 – 9 on Safety, Healthy Eating and Nutrition</b>	<ul style="list-style-type: none"> <li>• Street food</li> <li>• Teenage diets</li> <li>• Nutrition – Carbohydrates, proteins and fats</li> <li>• Healthy eating</li> </ul>	<ul style="list-style-type: none"> <li>• Design &amp; Make activity</li> <li>• Methods of cake making</li> <li>• Practical work</li> </ul>				
<b>Year 10</b>	<ul style="list-style-type: none"> <li>• Food provenance</li> <li>• Health &amp; safety</li> <li>• Healthy eating</li> <li>• Milk, cheese &amp; yoghurt</li> </ul> Practical work to accompany all commodity work.	<ul style="list-style-type: none"> <li>• Eggs, meat and fish</li> </ul> Practical work to accompany all commodity work.	<ul style="list-style-type: none"> <li>• Special diets</li> <li>• Vegetarians</li> </ul> Mock practical exams preparation for time plan  Practical work to accompany all commodity work.	NEA Mock <ul style="list-style-type: none"> <li>• Meat &amp; fish</li> </ul> Practical to accompany theory <ul style="list-style-type: none"> <li>• Butter, fats, oils</li> <li>• Food science</li> </ul> Practical work to accompany all commodity work.	Practical to accompany theory <ul style="list-style-type: none"> <li>• Coagulation, foaming and creation</li> <li>• Chilling</li> </ul>	NEI <ul style="list-style-type: none"> <li>• Task set by examination board</li> <li>• Practical aspects</li> </ul>
<b>Year 11</b>	Completion of NEA 1   Practical work linked to NEA 2	NEA 2 – task set by examination board – set <ul style="list-style-type: none"> <li>• Cereals</li> </ul> Time for controlled practical assessment	Research <ul style="list-style-type: none"> <li>• Trailing and selecting recipes</li> <li>• Evaluating</li> </ul> Completion of NEA 2	Revision	Revision	

**Subject – Design & Technology    Product Design**

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
<b>Year 7</b>  <b>Metal Hook</b>	<ul style="list-style-type: none"> <li>• Health &amp; Safety</li> <li>• Modelling</li> <li>• Properties of mild steel</li> <li>• Shaping &amp; removal of waste</li> <li>• Permanent joining &amp; riveting</li> <li>• Surface treatment – plastic dip coating</li> </ul>					
<b>Year 8</b>  <b>Metal Phone Holder</b>	<ul style="list-style-type: none"> <li>• Health &amp; Safety</li> <li>• Modelling</li> <li>• Forms &amp; types of metal- marking out with square</li> <li>• Shaping &amp; removal of waste</li> <li>• Surface treatment – plastic dip coating</li> </ul>					
<b>Year 9</b>  <b>Metal Figure</b>	<ul style="list-style-type: none"> <li>• Health &amp; Safety</li> <li>• Modelling</li> <li>• Properties of ferrous metals</li> <li>• Shaping &amp; forming of waste</li> <li>• Heat bending</li> <li>• Permanently joining – brazing metal</li> <li>• Plastic dip coating</li> </ul>					
<b>Year 10</b>  <b>Product Design</b>	Metal Ferrous / Non-ferrous metal Properties Advanced shaping, hacksaw, Heat treating	Metal Ferrous / Non-ferrous metal Properties Advanced Shaping Hacksaw Heat treating  Rotation between metal & wood	Wood Exploring wooden Joints Frame project  Rotation between metal & wood	Wood Exploring wooden Joints Frame Project	Plastic Lighting project Upscaling & recycling Combination of wood, metal & plastic. Introduction to smart materials & components	Plastic Lighting project Upscaling & recycling Combination of wood, metal & plastic. Introduction to smart materials & components
<b>Year 11</b>  <b>Product Design</b>	Investigation WJEC design brief analysis Concept generation User feedback	Planning Exploring materials & construction methods Refining concept	Practical Using tools & processes  Evaluation	Practical Using tools & processes  Evaluation	Exam Preparation Mock exam feedback Theory Lessons R.A.G Rating Revision Techniques	Exam Preparation Mock exam feedback Theory lessons R.A.G rating Revision techniques

Subject – Design & Technology    Textiles

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 7	Health & Safety Small Tools and equipment Use of a sewing machine Types of stitching FPT – Uglydoll/monster toy	Practical techniques and processes Hand Stitching/button/machine applique/construction techniques/seem construction Assessment	Rotation 2		Rotation 3	
Year 8	FPT – Decorative cushion Analysis/research initial design ideas  Tie dye Independent use of sawing machine Computerised embroidery	Fabric preparation Cutting out Applique Embroidery Construction techniques  Assessment	Rotation 2		Rotation 3	
Year 9	FPT - Mini Backpack Identify a design problem Develop Solutions  Use of templates Fabric preparation	Quilting Computerised embroidery Construction processes Pockets Zips Use of alternative machine Stitches / presser feet Straps Top Stitching	Evaluation Evidence bag			
Year 11	Exam board set context for NEA Analysis Research Target Audience Existing Products Initial Ideas  Plan practical outcome	Templates Cutting out Decorative processes	Modelling Construction		Evaluation	

**Subject – Design & Technology     Resistant Materials & Product Design**

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
<b>Year 7</b>	Model Boat Project Health & Safety Designing Hardwood / Softwood Marking Cutting / Shaping Finishing – Glass paper Evaluating	Model Boat Project Health & Safety Designing Hardwood / Softwood Marking Cutting / Shaping Finishing – Glass paper Evaluating				
<b>Year 8</b>  <b>Metal Phone Holder</b>	Novelty Clock Project Health& Safety Designing & Developing Manufactured Boards Cutting – Coping Saw Cutting – Hegner Saw Finishing / Painting Evaluating	Novelty Clock Project Health& Safety Designing & Developing Manufactured Boards Cutting – Coping Saw Cutting – Hegner Saw Finishing / Painting Evaluating				
<b>Year 9</b>  <b>Metal Figure</b>	Dovetail Box Project Health & Safety 2 pt perspective technical Sketch Marking Cutting Joining dovetail joint 2D CAD CAM laser cutting	Dovetail Box Project Health & Safety 2 pt perspective technical Sketch Marking Cutting Joining dovetail joint 2D CAD CAM laser cutting				
<b>Year 10</b>  <b>Product Design</b>	As Product Design (Nigel Lewis Sheet)					
<b>Year 11</b>  <b>Product Design</b>	As Product Design (Nigel Lewis Sheet)					