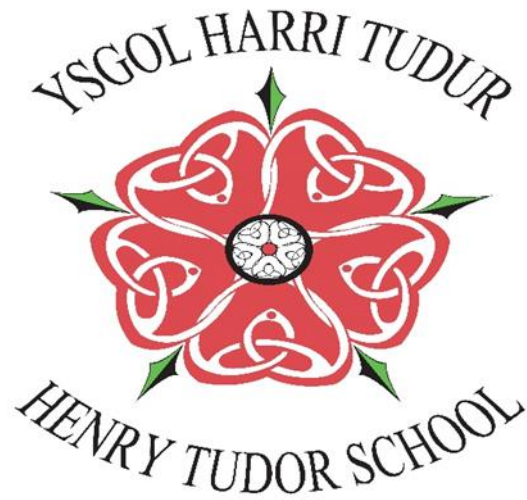


# Ysgol Harri Tudur



## Henry Tudor School

### Sex Education Policy

Adopted by Full Governing Body: 14 November 2018

Last Reviewed: Autumn 2019

Review annually

Next Review: Autumn 2020

## Sex Education Policy

Teachers of PSHE need to be familiar with the school's policy on Sex Education.

### Introduction

During a series of meetings, between October 1993 and March 1994, a working group consisting of school governors and teachers drafted the original policy.

The group was instigated in response to a number of issues:

1. a perceived shortfall in aspects of Sex education and Family Life education as shown by the cross-curricular audit in 1992;
2. the Welsh Office directive as a result of the 1993 Education Act which highlighted changes in the teaching of sex education;
3. the LA's policy which states that it is up to schools to devise their own policy on sex education

The Policy is reviewed bi-annually and this edition is the result of discussions, which took place during November and December 1999 and was modified in June 2005.

### Legal Framework

*School Information Regulations 1981* require that schools publish in their prospectus, details of all content and organisation of any sex education they provide.

*The 1986/1996 Education Act* invests responsibility for sex education with Governors and Headteachers who have a legal obligation to "make and keep up to date" a written statement of their policy.

*The 1988 Education Reform Act* stated that schools should provide a curriculum which "promotes the spiritual, moral, cultural, mental and physical development of pupils/students; and prepares such pupils/students for the opportunities, responsibilities and experiences of adult life". Sex education is an important dimension of this statutory entitlement.

*The 1993 Education Act* states that, " ..... all maintained Secondary Schools will be required to provide such sex education for all pupils/students as part of their overall curriculum provision".

*The 1996 Education Act* states that "...sex education is defined as specifically including information about AIDS and HIV and other sexually transmitted diseases."

*The 1996 Education Act* also states that "...sex education should be provided in such a way that it encourages' .....pupils/students to have due regard to moral considerations and family life".

*The 1996 Education Act* re-affirms the right of parents/carers to withdraw their children from sex education lessons occurring outside the National Curriculum.

**Sex and Relationship Guidance ref DfEE 0116/2000** offers guidance on good practice in policies.

*Learning and Skills Bill 2000* removes responsibility for sex education from the LEA and places it with Heads and Governors. It also provides guidance which must be taken into account when writing policies.

All maintained secondary schools are required under section 101(1)(c) of the Education Act 2002 to include, as part of the 'basic curriculum' of the school, sex education for all registered pupils.

A statement must be made on the effect a parent/carer's decision to withdraw their child from the school's sex education programme.

## **Aims and Objectives**

"Sex education is an umbrella term for all learning we need in order to understand our own and others' sexuality and to develop skills, relationships and informed decision making."

At Ysgol Harri Tudur / Henry Tudor School this broad statement is embodied in the following aims and objectives:

### **Aims**

1. To support the personal and social development of all pupils/students, ensuring that they have the ability to accept their own and others sexuality, to express their sexuality in positive ways and to enjoy relationships based on mutual respect and responsibility, free from any abuse.
2. To discuss sensitive issues in a broad and balanced way, free from sensationalism and personal bias, and sensitively pitched to the level of pupils/students' needs and experience.

### **Objectives**

1. To discover what pupils/students know, understand, think and feel and to identify their needs.
2. To make pupils/students aware of the legal issues with regard to sexual behaviour.
3. To create a programme for progressive and differentiated learning which caters for pupils/students' needs and is sensitive to individuals and groups.
4. To generate an atmosphere where questions and discussion on sexual matters can take place without embarrassment.
5. To enable pupils/students to accept variation in rates of growth and development (physical, emotional, and social) and to provide reassurance that change is part of the life cycle.
6. To emphasise the value of loving and caring relationships and the place of sexual intimacy within them.
7. To emphasise the value of family life, the implications of parenthood and the needs of the very young while respecting the varied cultural and religious influences on individual sexuality.
8. To develop skills in personal relationships decision making and problem solving.
9. To help children affirm their rights, to be able to resist unwanted touch or advances and to communicate about such matters.

10. To develop awareness of sexual identity, to challenge sexism and prejudice in society and to promote equal opportunities.
11. To emphasise the risks of sexual behaviour outside of a mutually faithful relationship and to enable the pupils/students to keep themselves safe from the physical, emotional and moral risks of casual and promiscuous behaviour.
12. To be aware of sources of help and to acquire the skills and confidence to use them.

## **Curriculum Organisation and Management**

### **How?**

Sex education will be delivered primarily through a series of PSHE drop down days in Years 7 to 13, and through Welsh Bacc lessons in years 9 and 13. It is important to emphasise that sex education will form only part of a much broader programme of Personal and Social Education.

Initially much of the content will be provided via external agencies leading to more self-directed pupil/student involvement as pupils/students learn and develop.

Techniques will include role play, discussion groups, use of video and other teaching materials.

### **Where?**

Sex education is a cross-curricular issue and will be addressed at different times in different subject areas. Apart from the structured PSHE programme, inputs will come from:

- a) English/Drama
- b) Science
- c) Physical Education
- d) Religious Education
- e) Other subjects where sexual and moral values, and interpersonal relationships form part of the programme of study.

### **Who?**

Although the PSHE programme will be delivered by external agencies, all staff, through their pastoral responsibilities and through other subject areas as indicated above, are encouraged to have a responsibility for teaching aspects of sex education.

All staff are encouraged to share responsibility for sex education and may be called upon to assist with teaching the subject as part of the discrete PSHE teaching team. When appropriate they will be kept informed with up to date information.

The school nurse is also available to assist with the delivery of sex education.

### **Evaluation**

Pupils and students completed self evaluations forms after drop down day activities. This will aid the planning of future activities.

# Sex Education - Information for Parents/Carers

The Governing Body reviews sex education in the school every two years. They asked that all parents/carers are told about our current programme in the new intake information. This note is intended to let you know what sex education topics are covered in the PSHE curriculum. In addition to this, anatomical aspects of sex education are covered in the science curriculum.

## PSHE Curriculum 2018-19

We have recently reviewed the PSHE curriculum (Personal, Social and Health Education) and specifically looked at Substances, Personal Development and SRE (Sex and Relationships Education) content.

## Additional PSHE Sessions

Year 7	Puberty (Appropriate & Inappropriate behaviour), Drugs, Sexting, Internet Safety, Tobacco & Peer Pressure, Emotional Wellbeing, Mindfulness.
Year 8	Internet Safety, Sexting, Alcohol, Drugs and Safe Relationships.
Year 9	Dangerous Deception (Child Sexual Exploitation), Domestic abuse, Contraception & STI'S (HIV/Pornography & Risk Taking behaviour), Sexual Consent, LBGT, Emotional Wellbeing, Self-Harm, Extremism and Radicalisation.
Year 10 & 11	Dangerous Deception (Child Sexual Exploitation), Extremism and Radicalisation, Sexual Consent, Image Enhancing Drugs, Mental Health.

Pupils/students within the school are currently completing the School Health Research Network Survey and results from this survey will further develop the PSHE programme.

The overall sex education programme is carefully tailored to ensure that the material studied by these children is age-appropriate. The sex education is carefully framed within the context of relationships, particularly stable relationships, with an emphasis on responsible sexual behaviour. Feedback from students suggests that the sexual education is valued and appreciated.

## Sensitive Issues

Avoiding sensitive or controversial issues does not make them go away and leaves children and young people confused and at risk. All official documentation is in favour of the introduction of topics such as contraception, abortion, homosexuality, HIV/AIDS and sexual abuse.

The school stresses the need to tackle these sensitive issues in a broad and balanced way free from sensationalism and personal bias, at a time most appropriate to the pupils/students' personal developmental needs.

The school hopes that parents/carers will co-operate with its aims, but if there are any worries or queries you should contact your child's Mentor, Head of Key Stage or a senior member of staff.

### **The Role of Parents/Carers**

Parents/carers are encouraged to support and participate in the Sex Education programme through:

- Discussing issues with staff on parents/carers evenings
- Discussing what your child has learned openly

The school would like parents/carers to be a key element in the partnership between the school, the pupil/student and the home, and to work together in providing children with the appropriate information and skills to develop into adulthood.

If you wish to withdraw your child from the sex education programme then we will make alternative provision for her/him, but we would also wish to draw your attention to the preceding section 'Sensitive Issues'. Requests for withdrawal should be made in writing.